

The B-E-St Start & Reboost seminar is the B-E-St Seminar to start your B-E-St journey and get started as a rocket! Learn the basics and fundaments of B-E-St + lots of new treatment protocolls & programs. (for both beginners and experienced B-E-St practicioners).

- Introduction to the philosophy of JeeCee Total Therapy & B-E-St.
- What is B-E-St? What are the positive effects of frequency specific microcurrent & how does it work on a cellular level?
- B-E-St Tools like manual electrodes & gloves with the different manual techniques, adhesive electrodes, acupuncture clips and long cables to combine B-E-St with exercise
- STaR or Soft Tissue advanced Therapy
- Frequencies
- Overview of 148 programs with their function
- Manual techniques for OAA in combination with the "nervus vagus" program
- Reflex Responding muscles (diaphragm)
- Lymphdrainage
- Ortho & parasympaticus
- Unique combination programs like "Muscle"
- "Jacques recipe" & recovery of the knee with lymph simultaneously

**Price:** 280 Euro (catering & hand-outs inclusive)

**Teacher:** Frank Marico **Language:** English

THURSDAY & FRIDAY

22 & 23 MAY 2025

9.30AM - 6PM & 9AM - 5PM

JEECEE INTERNATIONAL NV VENT 1A 9968 BASSEVELDE, BELGIUM

