

BEST[®]



MOTHER
NATURE'S
HEALING
POWER



WWW.B-E-ST.COM

History & Studies

Western ideas in relation to the advantages of the use of micro-currents (μa) developed through the scientific study of the conduction of biological current in cells.

Mitchell even won a Nobel Prize for his work in the area in 1978.

In 1982, Cheng showed that, with a stimulation of less than 500 micro amps, ATP increased by 500-800%, protein biosynthesis increased by 70% and the membrane transport was improved by 40%. In

1991, Nobel Prize winners, Neher and Sackman explained how this micro-current effected the behaviour of the cell membrane. Boyer and Walker then explained in 1997 the mechanism of the ATP production.

A UNIQUE TOTAL
THERAPY APPROACH
BASED ON 40+ YEARS
OF EXPERIENCE!

BEST[®]



AVAILABLE IN 30 COUNTRIES

35 YEARS OF EXPERIENCE IN MICROCURRENT THERAPY

17 YEARS REPUTATION OF VERY
SATISFIED CUSTOMERS,
PATIENTS, TOPSPORT TEAMS
AND WORLD CLASS ATHLETES

UNIQUE SCIENTIFIC BASED TECHNOLOGY

What is B-E-St?

Bio - Energy - Stimulation

The B-E-St or Bio – Energy – Stimulation appliance is a technological tour de force using the injury-current or Bio - Stimulation current. By the emission of the very low strength current, B-E-St succeeds in raising the level of ATP (adenosine triphosphate) – the converted energy from foodstuffs - in our body by no less than 500 - 800%. The energy source ATP is the chemical basis of all living cells. It is essential for all physiological processes which use energy, such as movement, blood circulation, temperature regulation, the cleansing of the blood, breathing, mental effort, growth, cell renewal, the healing process after sickness and injury, etc. By raising the level of ATP, pain is quickly relieved and recovery from injuries is rapid. This form of current makes it possible to reactivate damaged cells; by using the organ's and tissue's own frequency as a sort of reminder to help specific cells return to normal so that the organ functions better.



B-E-St gloves

Combine your manual therapy with B-E-St Microcurrent therapy. The gloves techniques are very easy to integrate during your daily massages, mobilisations and manipulations.



Very good results
in shorter time

Multi applicable

Users friendly

Practical

Efficient



B-E-St crocodile clips

The crocodile clips or needle clips are B-E-St accessories, used in acupuncture or dry needling for bringing in the microcurrent into the body with a specific frequency via conduction through the needles. By using 4 channels there are 8 needles serving as a conductor. This is a unique and very effective application that adds quality & efficiency to our therapy.

BEST[®]

Combine your exercises with B-E-St by JeeCee in order to achieve faster and more efficient results!



Benefits of the exercise in combination with microcurrent:

- better proprioceptive execution of the exercise
 - input of ATP while exercising
 - less spasm of the involved muscles
 - better blood circulation
- faster recovery of the neuromuscular chain



B-E-St adhesive electrodes

More than 140+ automatic programs to work with the B-E-St electrodes.

- Muscle-, joint-, tendon- & ligament programs
- Mental & emotional support programs
 - Detox
 - Organs
- Scar & wound programs

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Most important benefits of B-E-St

- Faster recovery of muscle-, joint-, tendon- & ligament injuries
 - Faster recovery after (sport) efforts
 - Significant reduction of inflammation
 - Increased mobility
 - Improved local blood circulation
 - Improved sleep quality
 - Accelerated wound healing, cell- and bone regeneration
- Strengthening of the immune system by the production of lymphocytes
 - Anti-stress & revitalizing
 - Improvement of the energy level
- Applicable for neurological indications such as Parkinson
 - Also applicable for degenerative indications such as arthrose, rheumatoid arthritis and osteoporosis

The B-E-St device can be used in each form of therapy; physiotherapy, osteopathy, manual therapy, wellness, massage and acupuncture.

Microcurrent, the right frequency and points

The right frequency!

Every muscle and indication has its own frequency which optimizes the communication between the cells and within the cells.

Microcurrent

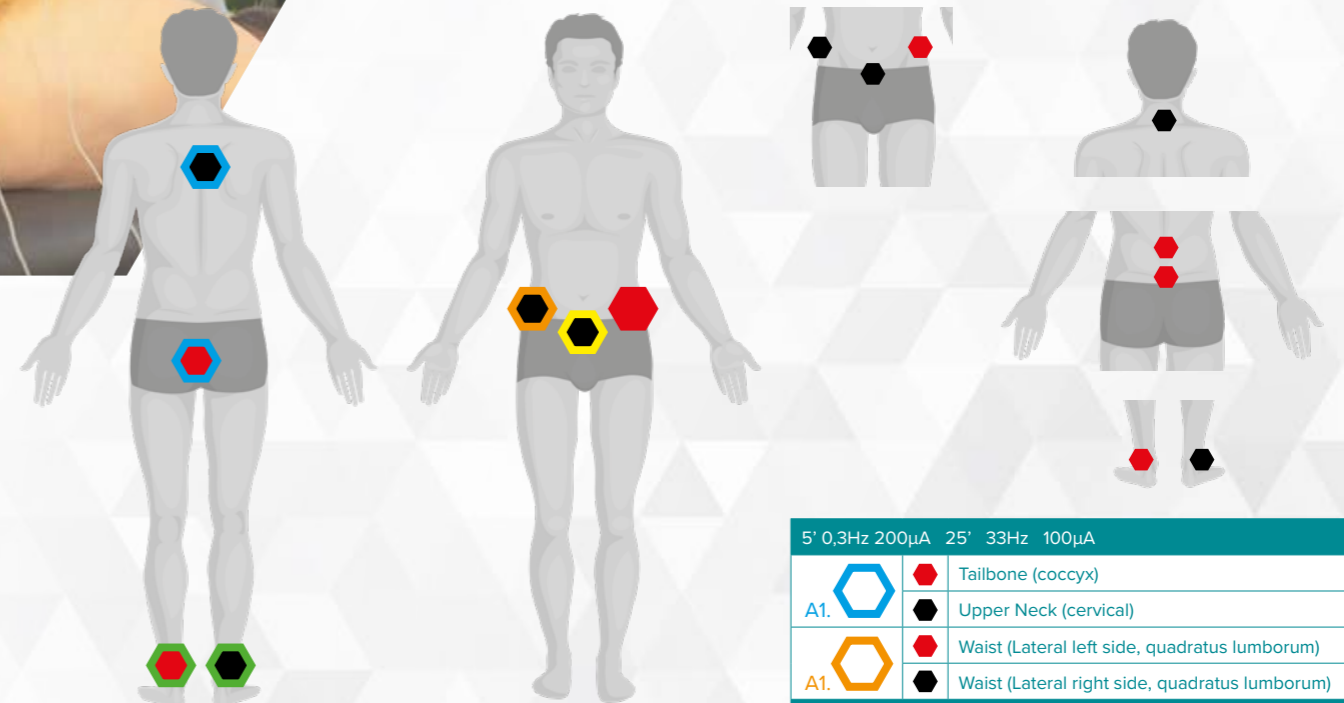
By the use of this very low intensity current the ATP will increase with 500 to 800%, the protein synthesis increases with 70% and the membrane transport with 40%.

The right points!

These points come from more than 40 years experience in total therapy, osteopathy, manual therapy, acupuncture, etc.

Technical specifications

- More than 140+ preprogrammed treatments.
 - Microamps instead of milliamps.
- The display shows exactly where to apply the electrodes on the body.
 - Bio Feedback; results of the provided work are visible and posted in the form of a color graphic and numeric graphic.
- Both applied with adhesive - as hand electrodes and conductive gloves.
 - Use of 4 channels at the same time.
 - Frequency range from 0.2 to 9999.9 Hz.
 - Automatic polarisation.
- A session is completely painless. A slightly tingling feeling can be felt and there are no side effects.



	5' 0,3Hz 200µA	25' 33Hz 100µA
A1.		Tailbone (coccyx)
		Upper Neck (cervical)
A1.		Waist (Lateral left side, quadratus lumborum)
		Waist (Lateral right side, quadratus lumborum)
	5' 0,3Hz 200µA	25' 66Hz 100µA
B1.		Lower back (sacrum) or level of the problem
		Superior to the Pubis
B2.		External side of the left Achilles tendon
		External side of the left Achilles tendon

BEST®

Since 1990 the JeeCee Team sensibilizes therapists, patients & athletes for microcurrent.
Now the **FOCUS** is on **FREQUENCIES!**

NEW!

STaR
P R O G R A M

BY **JC**[®]

STaR =
Soft Therapy
advanced Rehab
70+ new
STaR programs



BESTIMONIAL

Sam Verslegers

(Osteopath Groep Sam)

Since the introduction of STaR, we use these new programs daily in our clinic in combination with the classic JeeCee programs. STaR really adds a new dimension to B-E-St by JeeCee and opens a lot of new therapy possibilities. I can highly recommend STaR as it's a fantastic added value to help our patients and athletes even better.

**“The future
medicine is
all about
frequencies”**

ALBERT EINSTEIN

HOW DOES IT WORK?

The frequency of the different conditions of the tissues are on the A channels (inflammation, bleeding, trauma, strain, rupture, calcium deposit, vitality, spasm, accumulation of toxins, edema, ...) and the frequency of the different tissues (fascia, ligaments, muscle, tendon, bursa, bone, cartilage, periost, peripheral nerve, ...) are on the B channels. You make a cross with A1 and B1.

Contact us for the manual of the STaR programs with the clear explanation regarding the placement of the electrodes.

BESTIMONIALS

Osteopath Sam Verslegers

“A few years ago we integrated B-E-St by JeeCee in our both centers because I am truly convinced about the enormous added value. Each day I am positively surprised by the many positive effects and faster results. I love working with my hands and even though I am very satisfied with the great results I have, B-E-St facilitates my work big time since I combine my manual work and osteopatic treatments with B-E-St Microcurrent. B-E-St has a huge potential and every day I look forward to get started and discover new things. My colleagues of the physio center make use of it continuously to treat soft tissue injuries in combination with myofascial therapy.”

(Groep Sam @Kim Clijsters Academy)




Sam Verslegers

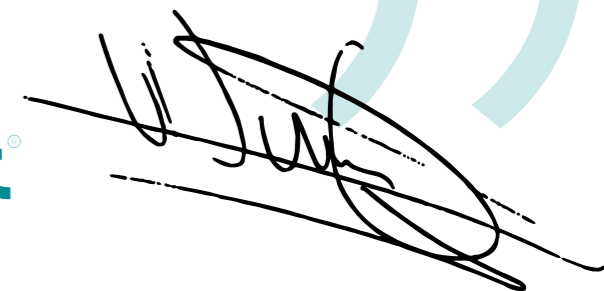
BESTIMONIALS

Kinesitherapeut & coach Wim Vandeven

Het B-E-St by JeeCee toestel gebruik ik vooral voor de behandeling van spierblessures, met heel goede resultaten. Ik stel vast dat de genezingstijd met ongeveer 50% verkort, een aanzienlijke winst voor iedere sporter van welk niveau ook. Ik heb ook ondervonden dat peesblessures heel goed reageren op de behandeling met het B-E-St-toestel. Tevens stel ik vast dat de neovascularisatie sterk vermindert als men regelmatig het B-E-St-toestel gebruikt, zowel met de handelektroden als de zelfklevende patches. Bij een atlete met een langdurige (+/- 1 jaar) peesontsteking ter hoogte van de patellapees hebben we de neovascularisatie in 2 maanden tijd bijna volledig kunnen wegstroomen ondanks het feit dat de atlete intensief bleef doortraineren en zelfs aan verscheidene wedstrijden deelnam tijdens die periode. Ook het versoepelen en ontspannen van verkorte of sterk getonificeerde spieren lukt op korte termijn, zodat spierblessures voorkomen worden en bewegingsbeperkingen verholpen. Een grotere range of motion is in sommige sporten van essentieel belang.



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Physiotherapist Erwin Kelchtermans



At Koninklijke Racing Club Genk (KRC Genk), our goal is to provide a complete and top sports environment. With the B-E-St equipment, we see faster results and a major difference in terms of treating injuries.

We have been working already for ten years now, both at the club and in our group practice in Houthalen, with the B-E-St injury-current system. The Bio-Energy-Stimulation equipment has been completely incorporated into our work and forms part of the daily treatment protocol for all sport-related conditions.

KRC Genk has currently three sets of equipment, two of which are continuously available for the first team. The third one is used for the youth academy and ensures faster rehabilitation of the promising and other young players.

The use of the B-E-St in the treatment of injuries at KRG Genk is now being further developed: the A-core players are learning how they can use the equipment at home when they are injured, so as to be able to return to the playing field faster.

Preventing and treating injuries have become unbelievably important in modern football. B-E-St is of inestimable value when it comes to competing against other top teams as it allows our players to be and remain in tiptop condition!



Discover and experience the added value of B-E-St.
www.b-e-st.com/events



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